

## Cinnamon & Interrupted Ferns – Fiddleheads & Early Ferns ID Notes 2023



**Cinnamon**, left to right. #1 Cinnamon & Interrupted look similar at this stage, but Cinnamon usually grows in wetter places. #2 Cinnamon fiddlehead unfurling in a spiral, all in the same plane (not like Interrupted below). #3 As they grow it is clear the fertile pinnae are on different stems than the sterile pinnae. #4 closeup of sterile frond fiddlehead unfurling, with tufts of white woolly hairs (“hairy armpits”) at base of each pinna.



**Interrupted**, left to right. #1-3 Interrupted develop “wings” (fertile pinnae) coming out the side of the fiddleheads. This is distinctive to Interrupted. #4 As they grow it is clear the fertile pinnae (leaflets) are on the same stem as the sterile, in between sections of sterile pinnae.